



CONTINUING MEDICAL EDUCATION
OSU Center for Health Sciences

Athletic Training & Sports Medicine ECHO

Performance Supplements

October 25, 2023 12:00 PM

Live Activity

Online

Specialties

All Specialties

Description

Get expert knowledge in a virtual learning network with human performance, sports medicine, and nutrition experts. The curriculum is designed to expand expertise in areas of concussion care, injury prevention, and other therapies and approaches that can help mitigate systematic health threats in the broader Oklahoma population.

Learning Objectives

- 1 Defining Supplement Effectiveness and Efficacy
- 2 Grasping the Regulatory Landscape
- 3 Evaluating Supplement Safety

Accreditation & Credit Designation

The Oklahoma State University College of Osteopathic Medicine is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.

The Oklahoma State University College of Osteopathic Medicine designates this program for a maximum of (1.0) AOA Category 1-A credit(s), and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

Approved for up to (1.0) AAFP Elective credit(s).

Faculty & Planners

| Name of individual | Individual's role in activity | Name of Ineligible Company(s) / Nature of Relationship(s) |
|---|--|--|
| Megan Claybrook, BA | Activity Coordinator | Nothing to disclose - 06/22/2023 |
| Jade Goodson, AAS, CMA | Activity Administrator | Nothing to disclose - 06/28/2023 |
| Jason Moore, DO | Other Planning Committee Member | Nothing to disclose - 05/09/2023 |
| Aric Warren, PhD, ATC, LAT, CES, TSAC-F | Course Director | Honoraria-HawkGrips Independent Contractor (included contracted research)-OrthoPlus, Inc. - 07/10/2023 |
| Dan Newman, MS, ATC, LAT | Other Planning Committee Member | Nothing to disclose - 04/10/2023 |
| Lance Walker, MS, Licensed Physical Therapist (PT), Certified Strength & Conditioning Specialist (CSCS) | Other Planning Committee Member | Nothing to disclose - 04/07/2023 |
| Gena Wollenberg, PhD | Faculty, Other Planning Committee Member | Nothing to disclose - 04/13/2023 |
| Kevin Andrews, LPC | Other Planning Committee Member | Nothing to disclose - 08/15/2023 |

Commercial Support

This activity has been developed without commercial support.