



CONTINUING MEDICAL EDUCATION
OSU Center for Health Sciences

Athletic Training & Sports Medicine ECHO - 2024 Stress Injuries

May 22, 2024 12:00 PM
Live Activity
Online

Specialties

All Specialties

Description

Get expert knowledge in a virtual learning network with human performance, sports medicine, and nutrition experts. The curriculum is designed to expand expertise in areas of concussion care, injury prevention, and other therapies and approaches that can help mitigate systematic health threats in the broader Oklahoma population.

Learning Objectives

- 1 Become local experts in human performance and nutrition
- 1 Differentiate types of stress injuries.
- 2 Understand the diagnosis of stress injuries based on history, physical exam, and imaging.
- 2 Be prepared, capable, and experienced in working as part of an inter-professional healthcare team
- 3 Integrate aspects of physical and mental health, cultural competence, and patient and community values to improve the patients' outcome
- 3 Know approach to treatment of stress fractures.
- 4 Develop a comprehensive framework for exploring contributing factors to stress injuries.
- 4 Become proficient in prevention and health promotion to include general prevention principles, fitness, and wellness principles
- 5 Exemplify leadership, professional engagement, and advocacy to strengthen the profession of athletic training
- 5 Gain practical implementations for post-injury management, prevention of future stress injuries, and protection of athletes' overall health.

Accreditation & Credit Designation

The Oklahoma State University College of Osteopathic Medicine is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.

The Oklahoma State University College of Osteopathic Medicine designates this program for a maximum of (1.0) AOA Category 1-A credit(s), and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

Approved for up to (1.0) AAFP Elective credit(s).

Faculty & Planners

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Megan Claybrook, BA	Activity Coordinator	Nothing to disclose - 01/30/2024
Jade Goodson, BUS, CMA	Activity Administrator	Nothing to disclose - 01/30/2024
Jason Moore, DO	Other Planning Committee Member	Nothing to disclose - 01/30/2024
Aric Warren, PhD, ATC, LAT, CES, TSAC-F	Course Director	Honoraria-HawkGrips Independent Contractor (included contracted research)-OrthoPlus, Inc. - 07/10/2023
Dan Newman, MS, ATC, LAT	Other Planning Committee Member	Nothing to disclose - 11/06/2023
Lance Walker, MS, Licensed Physical Therapist (PT), Certified Strength & Conditioning Specialist (CSCS)	Other Planning Committee Member	Nothing to disclose - 02/07/2024
Gena Wollenberg, PhD	Other Planning Committee Member	Nothing to disclose - 04/04/2024
Kevin Andrews, LPC	Other Planning Committee Member	Nothing to disclose - 11/06/2023
Keely Ratcliff, PA-C, American College of Sports Medicine Professional Member, American Academy of Physician Associates Fellow Professional Member, Oklahoma Academy of Physician Associates Fellow New Member	Faculty	Nothing to disclose - 04/16/2024

Commercial Support

This activity has been developed without commercial support.