



CONTINUING MEDICAL EDUCATION

OSU Center for Health Sciences

Hypertension Management ECHO - 2025

Exercising Your Way to a Better Blood Pressure

September 17, 2025 12:00 PM

Live Activity

Online

Specialties

All Specialties

Description

The Hypertension ECHO will improve blood pressure control and optimize outcomes for patients with hypertension in urban and rural areas by empowering and supporting health care teams to implement interdisciplinary approaches to care, use evidence-based knowledge to treat patients with hypertension, and work collaboratively with individuals, teams, and patients in their own community.

Learning Objectives

- 1 Demonstrate what hypertension is, including classifications and stages
- 2 Describe guidelines and recommendations including diagnosis, pharmacologic treatments, treatment goals, monitoring, and follow up.
- 3 Demonstrate knowledge of resistant hypertension including evaluation and management of resistant hypertension.

Accreditation & Credit Designation

American Osteopathic Association

The Oklahoma State University College of Osteopathic Medicine is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.

The Oklahoma State University College of Osteopathic Medicine designates this program for a maximum of (1.0) AOA Category 1-A credit(s), and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

Accreditation Council for Continuing Medical Education

The Oklahoma State University Center for Health Sciences College of Osteopathic Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Oklahoma State University Center for Health Sciences College of Osteopathic Medicine designates this activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Oklahoma State Board of Licensed Social Workers

The Oklahoma State University Center for Health Sciences Office of Continuing Medical Education is a board approved CE provider and designates this program for a maximum of 1.00 credit(s). Our provider number begins with the year the activity was held followed by 1999, for example: 20241999.

Oklahoma State Board of Examiners of Psychologists

The Oklahoma State University Center for Health Sciences Office of Continuing Medical Education is a board approved CE provider and designates this program for a maximum of 1.00 CE credit(s).

Faculty & Planners

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Brian Goetsch, PsyD	Other Planning Committee Member	Nothing to disclose - 08/12/2025
Derek Srouji, DO , Fellow	Other Planning Committee Member	
Arash Karnama, DO	Course Director	Nothing to disclose - 02/18/2025
Rhonda Ferguson, AAS	Activity Coordinator	Nothing to disclose - 06/30/2025
Rebecca Graham, RN	Nurse Planner	Nothing to disclose - 10/30/2024
Timothy Murray, PharmD, Clinical Pharmacist	Faculty, Pharmacy Planner	Nothing to disclose - 08/08/2025
Ava Sinnes, BS	Activity Coordinator	Nothing to disclose - 09/05/2025

Commercial Support

This activity has been developed without commercial support.