CONTINUING MEDICAL EDUCATION
OSU Center for Health Sciences

Hypertension Management ECHO - 2026
Lifestyle Series Part 4: Smoking Cessation

November 4, 2026 12:00 PM
Live Activity
Online

Description

The Hypertension ECHO will improve blood pressure control and optimize outcomes for patients with hypertension in urban and rural areas by empowering and supporting health care teams to implement interdisciplinary approaches to care, use evidence-based knowledge to treat patients with hypertension, and work collaboratively with individuals, teams, and patients in their own community.

Learning Objectives

1 Demonstrate what hypertension is, including classifications and stages
2 Describe guidelines and recommendations including diagnosis, pharmacologic treatments, treatment goals, monitoring, and follow up.
3 Demonstrate knowledge of resistant hypertension including evaluation and management of resistant hypertension.

Accreditation & Credit Designation

American Osteopathic Association
The Oklahoma State University College of Osteopathic Medicine is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.

The Oklahoma State University College of Osteopathic Medicine designates this program for a maximum of (1.0) AOA Category 1-A credit(s), and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

Accreditation Council for Continuing Medical Education
The Oklahoma State University Center for Health Sciences College of Osteopathic Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Oklahoma State University Center for Health Sciences College of Osteopathic Medicine designates this activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Oklahoma State Board of Licensed Social Workers
The Oklahoma State University Center for Health Sciences Office of Continuing Medical Education is a board approved CE provider and designates this program for a maximum of 1.00 credit(s). Our provider number begins with the year the activity was held followed by 1999, for example: 20241999.

Oklahoma State Board of Examiners of Psychologists
The Oklahoma State University Center for Health Sciences Office of Continuing Medical Education is a board approved CE provider and designates this program for a maximum of 1.00 CE credit(s).

Faculty & Planners

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Rhonda Ferguson, AAS	Activity Coordinator	Nothing to disclose - 01/12/2026
Brian Goetsch, PsyD	Other Planning Committee Member	Nothing to disclose - 08/03/2026
Jade Goodson, BUS, CHES, CMA	Co-Director	Nothing to disclose - 05/27/2026
Ashley Groom, DHA	Peer Reviewer	Nothing to disclose - 10/30/2026
Arash Karnama, DO	Course Director	Nothing to disclose - 12/18/2025
Rachel Kerr	Activity Coordinator	Nothing to disclose - 08/31/2026
Avery Kuykendall, BS	Activity Coordinator	Nothing to disclose - 09/29/2026
Timothy Murray, PharmD, Clinical Pharmacist	Other Planning Committee Member	Nothing to disclose - 03/27/2026
Bruce Pierce, DHA	Other Planning Committee Member	Nothing to disclose - 07/07/2026
Breanna Russell, MA	Faculty	Nothing to disclose - 10/21/2026
Ava Sinnes, BS	Activity Coordinator	Nothing to disclose - 09/08/2026

Commercial Support

This activity has been developed without commercial support.