

PRIMARY CARE UPDATE

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“Medication Assisted Treatment for Opioid Addiction”
Presented by Kelly Dunn, M.D. — November 10, 2022 at 5:00pm CST

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RELEVANT DISCLOSURES

No content controllers have any relevant relationships.

QUESTIONS TO SPEAKERS

You may ask questions to any of our speakers regarding their presentations by emailing us at osu.cme@okstate.edu. Any questions will be answered within one week.

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OSU Center for Health Sciences

2022 PRIMARY CARE UPDATE

November 1 - 30, 2022 | osu.cloud-cme.com

Conference Agenda

<p>Effectively Navigating Intimate Partner Violence in a Primary Care Setting DVIS Group: Lori Aery Gonzalez, M.S., Jordan Gustin, L.P.C., and Rose Turner, M.S.</p>	<p>Will This Be True Tomorrow? The Current State of Outpatient COVID-19 Zachary Dunn, Pharm.D.</p>	<p>2022 COPD Update Alessandra Morello Gearhart, M.D.</p>
	<p>CMS Quality Payment Program Matt Fowler, D.O.</p>	<p>Lung Cancer Screening: Why We Screen and How To Manage Findings Daniel Nader, D.O.</p>
<p>Antithrombotics in Interventional Cardiology Updates: A Crash Course for Primary Care Craig J. Beavers, Pharm.D.</p>	<p>General GI Update Jeff Hunt, D.O.</p>	<p>Herbal and Over-the-Counter Therapy Pearls for Primary Care Katherine O'Neal, Pharm.D.</p>
<p>Hormone Replacement Therapy in Primary Care Lauren Chinnery, D.O.</p>	<p>Diagnosing and Managing Congestive Heart Failure Arash Karnama, D.O.</p>	<p>Update on Continuous Glucose Monitors Anna Reinwand, C.D.E.</p>
<p>Fever in Infants 0-60 Days of Age Christine Clary, D.O.</p>	<p>Utilization of Care Management in Primary Care to Achieve Greater Health Outcomes in Complex Populations Matt Maxey, B.S.N.</p>	<p>Anticoagulation in Special Situations Kelly Rudd, Pharm.D.</p>
<p>Antibiotic Treatment & Stewardship Updates for the Primary Care Setting Crystal David, Pharm.D.</p>	<p>Dementias Anna Mazur, Ph.D.</p>	<p>Gender Affirming Hormone Therapy: Initiation and Maintenance Glenda Tiller, D.O.</p>
<p>Medication Assisted Treatment for Opioid Addiction Proper Prescribing Livestream November 10, 2022 5:00 p.m. Kelly Dunn, M.D.</p>	<p>Incorporating OMM into Acute Visits in the Primary Care Office: "Don't Forget to Modify the Bill" John Miller, D.O.</p>	<p>Pediatric Pearls for Osteopathic Manipulative Medicine in Your Practice Angela Tyson, D.O.</p>



CONTINUING MEDICAL EDUCATION

OSU Center for Health Sciences

TOPICS & SPEAKERS

Effectively Navigating Intimate Partner Violence in a Primary Care Setting

Lori Aery Gonzalez, M.S.

Lori has worked at DVIS since 2002. She began her career in the Sapulpa office as a counselor and advocate. When DVIS and Call Rape merged a couple of years later, she moved to the outpatient office in Tulsa to work with sexual assault survivors. In 2006, she took over the coordinating and supervision of clinical interns. After spending years in the outpatient office, Lori took a position as an outreach counselor which offered the opportunity to work with survivors on college campuses as well as the jail and juvenile detention center. In 2020 she was asked to take over leadership of the Sexual Assault program and in 2022 she moved into the position of VP of Advocacy Services. Lori is a licensed professional counselor (LPC) and supervisor. She has extensive training in issues related to domestic violence, sexual assault, stalking, and human trafficking. In addition, she has extensive training in Cognitive Processing Therapy, Trauma Focused Cognitive Behavioral Therapy, and Dialectical Behavioral Therapy. This has resulted in working with the District Attorney's office as well as the Federal Prosecutor's office as an expert witness.

Jordan Gustin, L.P.C.

Jordan has been with DVIS since October of 2015. She started out as a Children's Trauma Therapist then moved into the Children's Trauma Program Manager and is now one of the Vice Presidents of Clinical Services. After receiving a B.A. in Psychology from Northeastern State University, Jordan earned an M.A. in Clinical Mental Health Counseling from Regent University in Virginia Beach. While in Virginia Beach, she also completed training to become a Certified Traumatologist through the Green Cross Academy. Throughout her career, she has primarily worked with children and adults who have experienced domestic and/or sexual violence, physical abuse, neglect, emotional abuse, and other traumas or stressors. She is trained to provide Trauma Focused Cognitive Behavioral Therapy (TF-CBT), Child-Parent Psychotherapy (CPP), Circle of Security Parenting, Caring Dads, Written Exposure Therapy (WET), and is currently in the process of learning and implementing Dialectical Behavior Therapy (DBT).

Jordan thoroughly enjoys working with individuals of all ages and truly believes in the power of connection and steadfast hope. Jordan recognizes that all behavior has meaning and that the key to changing behaviors is through relationships and connection. Jordan is particularly passionate about helping individuals heal from trauma that they have experienced throughout their lives. When Jordan is not supervising or providing therapy, she strives for balance in her life through spending time in the sunshine with loved ones, creating or crafting, and traveling the world with her partner, Johnny.

Rose Turner, M.S.W., L.C.S.W.

Rose joined DVIS In November 2018 as the Vice President of Clinical Programs and Services. Rose moved into the Chief Administrative Officer position for DVIS in April 2021. Rose was the Chief Operations Officer/Interim Director at the Child Abuse Network (CAN - children's advocacy center) in Tulsa, Oklahoma from November 2017 - November 2018. Prior to that she was CAN's Managing Director since 2005. Rose graduated from Oral Roberts University with her BA in social work in 1983, received her Master's in social worker in 1997 and became a licensed clinical social worker in 2010. Prior to joining the advocacy center, Rose worked for 19 ½ years with the Department of Human Services (OKDHS). Throughout her service with OKDHS, Rose served as a front line worker, supervisor and worked extensively in writing, developing, training and implementing policy pertaining to custody youth of Oklahoma. Rose also serves as an adjunct professor for Tulsa Community College and also as an adjunct professor for the University of Oklahoma MSW program teaching a summer elective, "Understanding Child Abuse and Neglect". Rose is also a member of the Tulsa County Child Death Review Board.

TOPICS & SPEAKERS

Antithrombotics in Interventional Cardiology Updates: A Crash Course for Primary Care

Craig J. Beavers, Pharm.D.

Craig Beavers, PharmD, FACC, FAHA, FCCP, BCCP, BCPS-AQ Cardiology, CACP graduated in 2009 from the University of Kentucky (UK) College of Pharmacy and completed a PGY1 pharmacy practice residency and a PGY2 cardiology pharmacy residency at UK Albert B. Chandler Hospital in Lexington, Kentucky (R365). Dr. Beavers is an assistant adjunct professor with the University of Kentucky College of Pharmacy. He has worked as the cardiovascular clinical pharmacy coordinator at UK Healthcare. He has worked as adjunct faculty for Lipscomb University College of Pharmacy, University of Tennessee College of Pharmacy, and served as the director of cardiovascular services for the Hospital Corporation of America. He served as the postgraduate year two cardiology pharmacy residency program at TriStar Centennial Medical Center. Beavers currently serves as the co-chair of the clinical pharmacist work group of the American College of Cardiology and as a member of the Cardiovascular Team Council and Surviving Acute Myocardial Infarction Steering Committee. He is the first pharmacist to be a Cardiovascular Professional for the Society for Cardiac Angiography and Interventions and serves on its quality committee. He has served as the vice chair and chair of the ACCP Cardiology PRN Student and Resident Committee and currently serves as the PRN's secretary/treasurer. He has published numerous papers, abstracts, and textbook chapters with a focus on cardiovascular pharmacotherapy. He is board certified in pharmacotherapy with added qualifications in cardiology and is a certified anticoagulation care provider. He is a fellow of the American Heart Association and an associate of the American College of Cardiology.

Hormone Replacement Therapy in Primary Care

Lauren Chinnery, D.O.

Lauren Chinnery currently serves as Assistant Program Director of the OSU OB/GYN residency program as well as Clinical Assistant Professor.

Originally from Texas, she completed her undergraduate education with bachelor's degrees in both Biology and Behavior Analysis at the University of North Texas. She attended Texas College of Osteopathic Medicine for medical school and completed her residency in Obstetrics and Gynecology at Oklahoma State University in Tulsa.

Fever in Infants 0-60 Days of Age

Christine Clary, D.O.

Christine Clary D.O. is currently clinical associate professor of pediatrics at Oklahoma State University-Center for Health Sciences. Dr. Clary serves as associate program director for OSUMC pediatrics residency, adolescent medicine coordinator, and pediatrics coordinator for OSU-CHS physician assistant program. She returned to OSU Pediatrics in 2021. After being employed at OSU-CHS for 10 years, she served as staff physician and at PediStat Pediatric Urgent Care and Pediatric Emergency Center- Saint Francis Hospital Tulsa, Oklahoma. Dr. Clary currently serves on item writing and review board for the American Osteopathic Board of Pediatrics. She previously served as and item writer and reviewer for the National Board of Osteopathic Medical examiners. Dr. Clary graduated from Oklahoma State University- Center for Health Sciences. She completed residency at Tulsa Regional Medical Center in pediatrics serving as co-chief resident. Prior to medical school she obtained a bachelor and master's degrees from the University of Tulsa and worked as a pediatric speech and language pathologist.

Antibiotic Treatment & Stewardship Updates for the Primary Care Setting

Crystal David, Pharm.D.

Crystal David, Pharm.D., BCPS earned her Doctor of Pharmacy degree from Creighton University in Omaha, Nebraska in 2013. Following graduation, Dr. David performed her ambulatory care pharmacy residency at the University of Oklahoma Health Sciences Center.

TOPICS & SPEAKERS

Board certified in pharmacology with an emphasis in family medicine, Hepatitis C, diabetes, ambulatory care and transitions of care, she has been a clinical pharmacist at OU's Health Science Center, Cherokee Nation Health System, and the Oklahoma State University Medical Center. Along with being OSU Medical Center's clinical pharmacist, Dr. David is a clinical assistant professor.

Proper Prescribing Livestream

Medication Assisted Treatment for Opioid Addiction

Kelly Dunn, M.D.

Kelly Dunn, M.D., currently serves as executive director of clinical treatment at NCWR in Tulsa, Oklahoma. She is also clinical assistant professor of psychiatry and behavioral sciences at OSU Center for Health Sciences. She received her medical degree from the University of Oklahoma College of Medicine and is board certified in addiction medicine and psychiatry. Dunn enjoys seeing generations positively impacted by holistic, evidence-based treatment for addictive behaviors at the NCWR Addiction Recovery Clinic. "The transformative process of recovery often causes patients to be more resilient and lead a fuller life than if they never had to face an addiction at all," shares Dunn.

Will This Be True Tomorrow? The Current State of Outpatient COVID-19

Zachary Dunn, Pharm.D.

Dr. Zachary Dunn is a Clinical Pharmacist at OSU Medical Center in Tulsa, OK. He completed his Doctor of Pharmacy degree from The University of Oklahoma College of Pharmacy. He completed two years of post-graduate training, specializing in Internal Medicine, at OSU Medical Center. He has provided education to several different specialties including medical students, medical residents, pharmacy interns, and fellow pharmacists at the Oklahoma Health Systems Fall Meeting.

CMS Quality Payment Program

Matt Fowler, D.O.

Matthew Fowler, DO is a 2011 graduate of OSU COM and 2014 graduate from the OSU Family Medicine residency. After graduation, he practiced at the Utica Park Clinic in Jenks, OK for six years before returning to the residency as faculty in 2020. He currently supervises residents in the OSU Health Care Center and the OSU Eastgate clinic and sees patients at the OSU Legacy Primary Care Clinic.

General GI Update

Jeff Hunt, D.O.

Jeff Hunt, D.O. married his high school sweetheart, Stephanie and together they have 4 children together. One child is in a graduate program and two are in undergraduate programs at Oklahoma State University. He has one child left at home who is currently in her freshman year. Jeff graduated from OSU CHS then went on to internal medicine residency at OSU medical center. He practiced as a hospitalist for 5 years before going into a GI fellowship at OSU Medical Center. Jeff currently practices as an advanced gastroenterologist at Hillcrest Medical Center and has been there since January 2016. Since 2013 he has been involved in the education and procedural training of the GI fellows in the OSU GI fellowship training program.

Diagnosing and Managing Congestive Heart Failure

Arash Karnama, D.O.

Dr. Arash Karnama is a 2005 graduate of Des Moines University College of Osteopathic Medicine and a 2005 graduate from the Internal Medicine Residency Training Program at Penn State. After graduating, Dr. Karnama went on to a fellowship at Oklahoma State University Medical Center in the Cardiology Fellowship Training Program and then the Interventional Cardiology Fellowship Training Program. Since 2009 Dr. Karnama has practiced as an Interventional Cardiologist, first at South Tulsa Cardiovascular Specialist, then at Oklahoma Heart Institute, and currently at OSU. Recently Dr. Karnama has served as the Chief of Staff and on Board of Trustees at Hillcrest Hospital in Claremore, OK.

TOPICS & SPEAKERS

Utilization of Care Management in Primary Care to Achieve Greater Health Outcomes in Complex Populations

Matt Maxey, B.S.N.

Matthew's career in healthcare started over 25 years ago. During that time he made a series of successful moves through an array of specialized care areas. Matt's career track garnered him a unique set of skills, which ultimately equipped him with an expansive collection of abilities that range from direct patient care to healthcare administration. Each of these positions brought with them an ever increasing amount of responsibility. Matt's career started in emergency room services. He continued working in that setting for eleven years while collecting specialized certifications for trauma & cardiac care issued by the nationally recognized programs of TNCC, ACLS, and PALS. Matt's post ER phase of his career included various aspects of healthcare management both in and out of hospital settings. Matt's healthcare leadership roles have spanned across both direct care roles and those of a more executive style of management and they have included; Charge Nurse in emergency services, Hospital Department Manager, Hospital House Supervisor, Hospital Administrator On-Call, Long Term Care Facility Director of Nursing encompassing basic geriatric care, skilled nursing, and Alzheimer's care, Hospital Director of Nursing encompassing a full array of mental health treatment programs, substance abuse recovery, acute traumatic brain injury (TBI), atraumatic brain injury (ABI) rehabilitation, and finally long term rehabilitation & stabilization of post-acute TBI/ABI's with and without severe behavior disorders. Matt also obtained another nationally recognized certification during this time of Certified Brain Injury Specialist (CBIS) allowing him to develop, implement, and educate direct care staff on strategies to properly manage this population with safe and effective outcomes. Additional skills Matt honed during this time include, development of hospital policies and procedures (P&P), annual reviews of existing policies, and revisions to P&P as needed in accordance with changing CMS codes, standards of care, and conditions of participation.

Along the same lines of keeping up with the aforementioned changes, Matt has firsthand experience with surveys from large accreditation/ governing bodies such as CARF, CMS, DMH, JCAHO, OHCA, OSDH, & OSHA. During Matt's time in hospital management, he received an invitation to speak at the 90th annual national convention of the American Congress of Rehabilitation Medicine on his successful implementation of his personal restraint reduction program within the TBI management programs he helped create and manage. Currently Matt is providing leadership to a highly proficient team of RN & LCSW Care Managers who facilitate much needed resources to the Sooner Care population in Oklahoma. One of the major focal points for Matt and his team is to improve patient access to quality healthcare found within the OSU-CHS clinic system as well as other OSU-Adjunct clinic facilities in rural in Oklahoma.

Dementias

Anna Mazur, Ph.D.

Dr. Anna Mazur is a Board-Certified Neuropsychologist and Clinical Assistant Professor of Psychiatry and Behavioral Sciences at OSU-CHS. She completed the doctoral training at Ball State University, followed by Residency at London Health Sciences Centre, and fellowship at Alberta Children Hospital. Dr. Mazur works with individuals with history of concussion, brain trauma, stroke, neurological, and developmental disorders. She is active in research, with interest in post-traumatic stress and symptoms, as well as evaluating the efficacy of mental health treatment. Dr. Mazur is serves as the director of Neuropsychology Division at OSU Behavioral Medicine and is a panel member the OSU Pediatric Mental Health ECHO program. In 2017, she co-founded the SHIELD program, an OSU-CHS initiative to support mental health needs of first responders and veterans. She provides neuropsychological services to children and adults at the OSU Behavioral Medicine Clinic.

TOPICS & SPEAKERS

Incorporating OMM into Acute Visits in the Primary Care Office: "Don't Forget to Modify the Bill"

John Miller, D.O.

I was born and raised in Tulsa, Oklahoma. Graduated from Tulsa East Central High School. Obtained my Bachelor of Science in Biological Sciences from Oklahoma State University in Stillwater, Oklahoma. I then went on to Oklahoma State University Center for Health Science, where I graduated in 2010 with my D.O.. I completed residency training with OSU Family Medicine in Tulsa. After completing residency, I worked for the Cherokee Nation Health Services at W.W. Hastings in Tahlequah, Oklahoma for four years. During my time with the Primary Care Clinic at Hastings, I was able to start in academic medicine through working with family medicine residents and starting a OMM clinic for that program. Following that, I accepted a position with Harvard Family Physicians, where I worked until the call to return to teaching brought me back to OSU. With OSU, I am currently a Clinical Assistant Professor of Family Medicine and the Director of Osteopathic Education for the OSU and OMECO Family Medicine Residency Programs.

2022 COPD Update

Alessandra Morello Gearhart, M.D.

Dr. Alessandra Morello Gearhart graduated from Universidade Federal de Santa Catarina in Florianopolis, Brazil in 2011. She completed her internal medicine residency at The University of Oklahoma - Tulsa in 2016. She completed her fellowship in Pulmonary and Critical Care in 2019 followed by her fellowship in Sleep Medicine in 2020, at University of Louisville in Louisville, KY. Dr. Gearhart now practices as Clinical Assistant Professor of Pulmonary, Critical Care and Sleep Medicine at Oklahoma State University in Tulsa, OK.

Lung Cancer Screening: Why We Screen and How To Manage Findings

Daniel Nader, D.O.

Dr. Nader earned his Doctor of Osteopathic Medicine from the University of Health Science (KCCOM) in 1977. He finished his Residency in Internal Medicine at the Naval Regional Medical Center in San Diego, California.

At the same facility, he joined the Fellowship in Pulmonary Medicine. He is certified in Advanced Cardiac and Trauma Life Support. Dr. Nader has received several honors and awards in areas such as Robotic Bronchoscopy. He has developed several Programs and Curriculums related to Pulmonary Medicine at Oklahoma State University Medical Center. Dr. Nader is an adjunct clinical professor at the Arkansas College of Osteopathic Medicine and Oklahoma State University College of Osteopathic Medicine.

Herbal and Over-the-Counter Therapy Pearls for Primary Care

Katherine O'Neal, Pharm.D.

Katherine Suk O'Neal, Pharm. D., MBA, BCACP, CDCES, BC-ADM, AE-C, CLS, FADCES graduated with a Doctor of Pharmacy from the University of Oklahoma College of Pharmacy in 2008. She finished her residency at the University of Oklahoma College of Pharmacy as Chief Resident. Dr. O'Neal has held Board Certifications as an Ambulatory Care Pharmacist as well as Advanced Diabetes Management since 2012. She is currently an adjunct associate professor at the University of Oklahoma College of Pharmacy and College of Medicine in Oklahoma City. She also serves as the the Residency Program Director over the PGY2 Ambulatory Care Specialty Residency and Ambulatory Care Specialty Track Programs.

Update on Continuous Glucose Monitors

Anna Reinward, C.D.E.

Ms. Reinward is a Registered and Licensed Dietitian Nutritionist, Certified Diabetes Care and Education Specialist at Oklahoma State University Medical Center in Tulsa, OK. In this position, she provides collaborative, comprehensive, and person-centered care and education to people with diabetes and cardiometabolic conditions. She presents relevant diabetes information to Nursing staff at Orientation and Nurse Residency. She provides education to third year OSU-COM medical students and Internal Medicine, Family Medicine, and Obstetric/Gynecology residents.

TOPICS & SPEAKERS

Anticoagulation in Special Situations

Kelly Rudd, Pharm.D.

Dr. Rudd is an Associate Professor of Medicine at the Oklahoma State University Center for Health Sciences, Department of Medical Education. She teaches medical and advance practice clinician students within the pharmacotherapy curricular components and practices at Neighbors Along the Line and the Indian Health Service. She holds Board Certification in Pharmacotherapy and is credentialed as a Certified Anticoagulation Care Provider. Dr. Rudd previously practiced for almost two decades within Bassett Medical Center's Anticoagulation Management Service. Her interdisciplinary team provides care for over nearly 1,000 anticoagulated patients, under Collaborative Drug Therapy Management agreements with Internal Medicine, Cardiology, Cardiac Surgery and Hematology/Oncology providers. She also is a clinical partner in Hematology and Peri-operative Care Consultations and patient management and has been honored by the US Department of Health and Human Services Life Saving Patent Safety Award for her work in Anticoagulation Safety. Dr. Rudd also serves as a Board Member and President-Elect of the National Certification Board for Anticoagulation Providers (NCBAP,) sponsors of the Certified Anticoagulation Care Provider (CACP) credential. Dr. Rudd also serves on the Advisory Committee for the Anticoagulation Forum National Centers of Excellence Resource Center. Dr. Rudd also has published in and regularly reviews for several national and international journals.

Gender Affirming Hormone Therapy: Initiation and Maintenance

Glennnda Tiller, D.O.

Dr. Glennnda D. Tiller received her Doctor of Osteopathic Medicine degree from Oklahoma State University College of Osteopathic Medicine, graduating in 2017. She then attended the Family Medicine Residency at OSU in the OMECO program which she completed in June of 2020 after serving as chief resident her PGY-3 year. She then went on to join the faculty of the program as a Clinical Assistant Professor of Family Medicine in July 2020. Her special research interest is issues related to caring for Sexual and Gender Minorities.

Pediatric Pearls for Osteopathic Manipulative Medicine in Your Practice

Angela Tyson, D.O.

Dr. Tyson graduated from the inaugural class of Edward Via College of Osteopathic Medicine – Carolinas Campus in 2015. She came to Oklahoma State University for both her pediatric residency and ONMM+1 residency. Afterwards, she completed her fellowship in neonatology at the University of Rochester, where she is now an Assistant Professor of Pediatrics in the neonatology division. Dr. Tyson researches neonatal outcomes on preterm infants utilizing OMM.

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2023 Virtual Emergency Medicine Review

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ACCREDITATION INFORMATION

CONFERENCE OBJECTIVE

The goal of the 2022 Primary Care Update is to provide primary care providers with the latest in practice guidelines over a wide variety of frequently encountered topics and disease processes. Program participants will apply the knowledge learned to update current best practices in all primary care settings.

At the conclusion of this activity, learners will be able to:

- Apply the most current guidelines when managing a variety of common conditions in primary care
- Employ tools learned from the program to improve communication with and the care of patients with a variety of concerns and medical conditions
- Identify advances in the field of primary care to include pharmacologic and non-pharmacologic treatments
- Identify non-pharmacologic therapeutic options for patients that can be utilized in everyday practice, including OMM techniques and community-based resources.

AOA

The OSU-COM Continuing Medical Education office is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.

The OSU-COM CME office designates this program for a maximum of 20 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

AAFP

The AAFP has reviewed 2022 Virtual Primary Care Update Conference and deemed it acceptable for up to 20.00 Enduring Materials, Self-Study AAFP Prescribed credits. Term of Approval is from 11/01/2022 to 11/30/2022. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AMA/AAFP EQUIVALENCY

AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credits toward the AMA Physicians Recognition Award. When applying for the AMA PRA, prescribed credit earned must be reported as Prescribed, not as Category 1.

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For grievances, please contact our staff to report any problems you may have regarding facilities, program content, etc. Concerns about the program's compliance with the AOA Uniform Guidelines, please contact Ashley Groom, M.S., Director of Continuing Medical Education. For any unresolved issues regarding compliance with the AOA Uniform Guidelines, you may contact the AOA:

**American Osteopathic Association:
Council on Continuing Medical Education
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