

SPRING FLING

Virtual CME Conference Available May 16-27, 2022

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DESCRIPTION

Presented by Oklahoma State University Center for Health Sciences Alumni Association, this conference is approved for up to 15 AOA Category 1A CME credits.

The conference will be held virtually from May 16 - 27, 2022 and can be viewed in the comfort of your home or office any time during that time period.

REGISTRATION RATES AND DEADLINES

Early-bird rate - \$410.00 ends April 7, 2022 at 11:59PM CST.

Regular rate - \$425.00 starting April 8, 2022

Registration closes on May 25, 2022 at 11:59PM CST.

RELEVANT DISCLOSURES

No content controllers have any relevant relationships, except the following individuals:

Speaker: Stanley Grogg, DO

Companies: Pfizer; Takeda Pharmaceuticals

Relationships: Speakers Bureau and Consulting Fee; Consulting

Fee Resolution: All disclosures have been reviewed and mitigated through the peer review process.

Speaker: Stacy Chronister, DO

Company: Novo Nordisk

Relationship: Speakers Bureau

Resolution: All disclosures have been reviewed and mitigated through the peer review process.

QUESTIONS TO SPEAKERS

You may ask questions to any of our speakers regarding their presentations by emailing osu.cme@okstate.edu. Any questions will be answered within one week.

PLANNING COMMITTEE

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ALUMNI

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Conference Agenda

Wound Care Adam Bradley, DO	Pediatric Update Amanda Foster, DO	Hospice 101/Advanced Care Planning Bart Rider, DO
Thyroid Case Review Natasha Bray, DO	Initial Treatment of Common Gynecologic Complaints Emily Grewe-Nelson, DO	Sports Medicine: Treating Sports Injuries Blake Stephaovich, DO
Care of the Patient with Chronic Kidney Disease Kenneth Calabrese, DO	Common Childhood Illnesses and Their Treatments Stan Grogg, DO	Say Goodnight to Sleep Disorders Mark Thai, DO
Obesity Protects Obesity Stacy Chronister, DO	Primary Care Concerns in Pregnant and Breastfeeding Patients Rebecca Lewis, DO	Social Determinants of Health for LGBTQ People and Creating an Inclusive Clinical Environment Glenda Tiller, DO
Adolescent Depression Sara Coffey, DO	Treatment of Chronic Low Back Pain Blake Middleton, DO	Complications with COVID and Implications with Sports Physicals and Participation Jennifer Volberding, PhD



ALUMNI
OSU Center for Health Sciences

TOPICS & SPEAKERS

WOUND CARE

Adam Bradley, D.O.

Dr. Adam Bradley a native Oklahoman from Stillwater. He attended Stillwater High School and graduated from Oklahoma State University in 2007 with a Bachelor degree in Biology. After graduation, he moved to Tulsa and attended Oklahoma State University Center for Health Sciences, completing his Doctorate in Osteopathic Medicine in 2011.

In 2011, he began his residency at Oklahoma State University Medical Center in Tulsa, graduating in June 2016 as Chief Surgical Resident. He is trained to perform a broad range of general surgery procedures including minimally invasive and endoscopic surgery. His surgical interests include hernia, oncologic, breast, colon rectum, endocrine, and robotic surgery. Dr. Bradley is married with two daughters and his wife, Lauren is a local Dietician working for Tulsa Union Public Schools. In his free time he enjoys spending time with his family, being outdoors, relaxing, and attending OSU football games.

THYROID CASE REVIEW

Natasha Bray, D.O., M.S.Ed., FACOI, FACP

Dr. Bray is Interim Dean of the OSU College of Osteopathic Medicine at the Cherokee Nation in Tahlequah. She previously served as Associate Dean for Academic Affairs at OSU COM at the Cherokee Nation since 2018. Bray also serves as Associate Dean for Accreditation and is Faculty at Tahlequah Medical Group Internal Medicine Program. Prior to joining OSU Center for Health Sciences, Bray served as the Associate Dean of Clinical Medicine at the Arkansas College of Osteopathic Medicine (ARCOM) in Fort Smith, and the Vice President of Academic Affairs/ Designated Institutional Official for Broward Health in Fort Lauderdale, Florida.

Board certified in Internal Medicine and Addiction Medicine, Bray earned her Doctor of Osteopathic Medicine degree from OSU-COM and went on to the Philadelphia College of Osteopathic Medicine and completed her internship as the Chief Intern Physician, then completed her residency at Cambridge Health Alliance/Harvard Affiliated Hospital.

Bray has extensive experience in the development, accreditation, and delivery of educational programs for both undergraduate and graduate medical education. Bray serves on several national committees and has dedicated her career to medical education as a vehicle to serve vulnerable populations and improve access to quality health care.

CARE OF THE PATIENT WITH CHRONIC KIDNEY DISEASE

Kenneth Calabrese, DO, MACOI

Dr. Calabrese earned his Doctor of Osteopathy from Kansas City College of Osteopathic Medicine and Surgery in Kansas City, Missouri. He was fourth in his class of 117 and was the founder of the school newspaper. Dr. Calabrese is residency trained in Internal Medicine from Oklahoma Osteopathic Hospital and received his fellowship training from Cleveland Clinic in Cleveland, Ohio. He is currently an adjunct professor at OSU College of Osteopathic Medicine.

OBESITY PROTECTS OBESITY

Stacy Chronister, D.O.

Dr. Stacy Chronister is a Board Certified Internal Medicine and Obesity Medicine Physician. She is a graduate of OSU-COM and completed her Internal Medicine residency at Walter Reed National Military Medical Center. She served a total of 11 years in the US Navy achieving the rank of Lieutenant Commander. Currently, Dr. Chronister is a Clinical Assistant Professor at OSU in the departments of Internal Medicine and Medical Education.

ADOLESCENT DEPRESSION

Sara Coffey, D.O.

Dr. Coffey is an Associate Clinical Professor of Psychiatry and Behavioral Sciences at the Oklahoma State University Center for Health Sciences. Dr. Coffey serves as the Director of Clinical Operations for the Oklahoma Department of Human Services, Division of Child Welfare. Dr. Coffey is the behavioral health director for the OSU Health Access network and has served as a consultant to both the Oklahoma Health Care Authority and the Oklahoma Department of Mental Health. Dr. Coffey's interest includes trauma-informed care and integrated psychiatric service delivery.

PEDIATRIC UPDATE

Amanda Foster, D.O.

Amanda Foster, D.O. completed medical school at Oklahoma State University College of Osteopathic Medicine in 2003 and her pediatric residency with OSU Pediatrics at Tulsa Regional Medical Center in Tulsa, Ok., in 2006. She has been on faculty with the Pediatrics department at Oklahoma State University Center for Health Sciences since 2006. She is currently a Clinical Professor at OSU Center for Health Sciences and Chair of the Pediatric Department. She serves as a board member for the Oklahoma Osteopathic Association, a board member for the American Osteopathic Board of Pediatrics and the Pediatric Section Editor for the Journal of Osteopathic Medicine. She enjoys a blessed family life with her husband of 22 years, 5 children, and many pets.

INITIAL TREATMENT OF COMMON GYNECOLOGIC COMPLAINTS

Emily Grewe-Nelson, D.O.

Emily Grewe-Nelson, D.O., is dual-board certified in family medicine and has a special interest in women's health. She earned her Bachelor of Science degree in biology at the University of Dallas in Dallas, Texas in 2010. She received her medical degree from the Oklahoma State University College of Osteopathic Medicine (OSU-COM) in Tulsa in 2014. She completed her family medicine residency at the University of Missouri – Kansas City (UMKC) in 2017. She now works at Utica Park Clinic as a family medicine physician. She currently serves on the TOMS board in the past president position. She also serves on the OOA Legislative committee as well as on Quality and Patient Safety Committee through Utica Park Clinic. Dr. Grewe-Nelson's personal interests include skiing, biking and hiking.

COMMON CHILDHOOD ILLNESSES AND THEIR TREATMENTS

Stanley E. Grogg, D.O.

Dr. Stanley E. Grogg earned his Doctor of Osteopathic Medicine from Kirksville College of Osteopathic Medicine. He is Board Certified in pediatrics and is a professor emeritus at the Oklahoma State University- CHS. He has numerous honors and awards, publications and was Primary Investigator (PI) in several vaccine studies. He represents the American Osteopathic Association as their Liaison for the Advisory Committee on Immunization Practices (ACIP). Dr. Grogg's two hobbies are traveling and leading International medical mission trips.

PRIMARY CARE CONCERNS IN PREGNANT AND BREASTFEEDING PATIENTS

Rebecca D. Lewis, D.O.

Rebecca D. Lewis, DO, FACOFP is a 2012 graduate of Rocky Vista University. She completed her family medicine residency at St. Anthony Family Medicine Residency in 2015. Dr. Lewis currently practices full scope family medicine with obstetrics at St. Mary's Regional Medical Center in Enid, OK. She currently serves as the Vice President of the Oklahoma Osteopathic Association, a Governor to the ACOFP Board of Governors and on the Board of Directors for the Enid Community Clinic. She is a past president of the Oklahoma State Society of the ACOFP. When not working or volunteering, Dr. Lewis occupies her time with her husband, Tyler, two children, Owen and Gianna, and her two dogs.

TREATMENT OF CHRONIC LOW BACK PAIN

Blake Middleton, D.O.

Dr. Blake Middleton provides skilled, non-surgical treatment for athletic and musculoskeletal injuries, and a comprehensive approach to the prevention, diagnosis and management of exercise-related injuries, disorders, dysfunctions and disease processes. His specialties include endurance medicine, ultrasound-guided diagnostic and interventional procedures, concussion care and primary medicine. Dr. Middleton's practice includes three important components in patient care: completing an appropriate, thorough history and physical; development of an appropriate treatment plan; and the establishment of trust with all patients. He is a native Oklahoman, son of a nurse, endurance sports enthusiast and an avid traveler. Dr. Middleton and his wife, Katie, have three very active, young children.

HOSPICE 101/ADVANCED CARE PLANNING

Bart Rider, DO, HMDC

Dr. Rider is a graduate of Oklahoma State University College of Osteopathic Medicine and completed residency in Family Medicine at the University of Oklahoma College of Medicine-Tulsa. He is Board Certified in Family Medicine spending 16 years as a Family Practice Physician with Warren Clinic and has completed additional qualifications for Hospice Medical Director Certification. He has held several leadership positions within Saint Francis and Warren Clinic including serving terms on Medical Executive Committee at Saint Francis South Hospital and Sectional Chief for Family Medicine Warren Clinics.

Dr. Rider left his practice almost 6 years ago to assume the role of the full time Hospice Medical Director for Saint Francis Hospice. He and his wife have lived in Broken Arrow now for 29 years.

SPORTS MEDICINE: TREATING SPORTS INJURIES

Blake Stepanovich, D.O.

Dr. Stepanovich is a board-eligible orthopedic surgeon with INTEGRIS Orthopedics Edmond. He attended medical school at Oklahoma State University College of Osteopathic Medicine in Tulsa. Dr. Stepanovich completed his orthopedic surgery residency at Kansas City University/St. Mary's Medical Center in Missouri. He enjoys treating a wide variety of patients, both in age and activity level. Areas of Interest include general orthopedics, total and partial joint replacement, anterior total hip replacement, arthroscopy and sports medicine and orthopedic trauma/fracture care. Dr. Stepanovich and his wife recently moved back to Edmond, where they met in school 11 years ago. They now have two children. He enjoys spending time with his family, traveling and playing golf.

SAY GOODNIGHT TO SLEEP DISORDERS

Mark Thai, D.O.

Dr. Mark Thai graduated from Touro California and completed his Family Medicine Residency in Upstate New York. After which he went to Tulsa Oklahoma where he did his OMM Plus One Fellowship. He is currently the Director of the OMM Inpatient service at Oklahoma State University Medical Center and Clinical Associate Professor of the OMM department at Oklahoma State University College of Osteopathic Medicine.

SOCIAL DETERMINANTS OF HEALTH FOR LGBTQ PEOPLE AND CREATING AN INCLUSIVE CLINICAL ENVIRONMENT

Glenda D. Tiller, D.O.

Dr. Glenda D. Tiller received her Doctor of Osteopathic Medicine degree from Oklahoma State University College of Osteopathic Medicine, graduating in 2017. She then attended the Family Medicine Residency at OSU in the OMECO program which she completed in June of 2020 after serving as chief resident her PGY-3 year. She then went on to join the faculty of the program as a Clinical Assistant Professor of Family Medicine in July 2020. Her special research interest is issues related to caring for Sexual and Gender Minorities.

COMPLICATIONS WITH COVID AND IMPLICATIONS WITH SPORTS PHYSICALS AND PARTICIPATION

Jennifer Volberding, Ph.D.

Dr. Jennifer Volberding is an Associate Professor, Department Chair and the Athletic Training Program Director at Oklahoma State University Center for Health Sciences. Additionally, she is the Co-Founder and Co-Director of the ARMOR program. She received a B.S. degree in Athletic Training from Boston University, a M.S. in Sports Medicine from Georgia State University and a PhD in Higher Education for the University of Kansas. She has been a certified athletic trainer since 2001. Clinically, Dr. Volberding served as the women's basketball athletic trainer at both the University of Kansas and Seton Hall and was a graduate assistant athletic trainer at Georgia Tech working football and swimming and diving. Her current areas of research revolve around cultural competence, the professional preparation of athletic training students, transition to practice and first responder health care.

ACCREDITATION INFORMATION

CONFERENCE OBJECTIVE

1. Gain a better understanding of patient and physician relationship to improve patient care.
2. Identify common cases of sports injuries that might present itself in the primary care physician's office and help identify treatment plans for those cases.
3. Gain a better understanding and increased knowledge base on the process of billing telemedicine visits.

ACCREDITATION & CREDIT DESIGNATION

The Oklahoma State University College of Osteopathic Medicine is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.

The Oklahoma State University College of Osteopathic Medicine designates this program for a maximum of (15.0) AOA Category 1-A credit(s), and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

Approved for up to (15.0) AAFP Elective credit(s).

OSU DISCLOSURES

Oklahoma State University Center for Health Sciences, College of Osteopathic Medicine in compliance with Title VI and VII of the Civil Rights Act of 1964, Executive Order 11246 as amended, Title IX of the Education Amendments of 1972, Americans with Disabilities Act of 1990, and other federal laws and regulations, does not discriminate on the basis of race, color, national origin, gender, qualified disability, religion, sexual orientation, gender identity, veteran's status, genetic information, or age in any of its policies, practices, or procedures. This includes but is not limited to admissions, employment, financial aid and educational services.

PROGRAM ATTENDEE NOTICE

For grievances, please contact our staff to report any problems you may have regarding facilities, program content, etc. Concerns about the program's compliance with the AOA Uniform Guidelines, please contact Ashley Groom, M.S., Director of Continuing Medical Education. For any unresolved issues regarding compliance with the AOA Uniform Guidelines, you may contact the AOA:

**American Osteopathic Association:
Council on Continuing Medical Education
142 E. Ontario St., Chicago, IL 60611**

(800) 621-1773



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