

2024 Bridging the Gap in Pediatric Mental Health Care

In-Person CME Conference | March 1, 2024

CME CREDIT ATTESTATION

How do participants receive CME credit?

1. This course will be held in person at OSU Tulsa, North Hall, in the B.S. Roberts Room and the Tiered Classroom March 1, 2024 from 8:45 am - 4:45 pm. Tulsa campus map <https://tulsa.okstate.edu/campus-map.html>
2. Upon arrival, you will sign in on the paper sign-in sheets provided at the registration tables.
3. Complete optional evaluation under My CME and then Evaluations and Certificates.
4. Credits will be available on your transcript.

To earn your Proper Prescribing credit:

Sign-in sheets will be passed around during the session.

NOTE: Oklahoma physicians must self-report their CME hours and Proper Prescribing attendance online to the Oklahoma State Board of Osteopathic Examiners: <https://www.ok.gov/osboe/>

RELEVANT DISCLOSURES

No content controllers have any relevant relationships, except the following individual:

Committee Member: Colony Fugate, D.O.

Companies: Pfizer (any division), Sanofi S.A. (any division), Astellas (any division), Affinivax, Astellas, GSK Relationship: Site PI. Disclosures have been mitigated through the peer review process.

QUESTIONS TO SPEAKERS

You may ask questions to any of our speakers regarding their presentations by emailing osu.cme@okstate.edu. Any questions will be answered within one week.

PRESENTATION ACCESSIBILITY

Presentation slides can be viewed by:

- Log into your OSU CME account
- Hover over or click the My CME button
- Select syllabus and the event.
- You will see "PDF" displayed next to the speaker's name slides are available for the session.

PLANNING COMMITTEE

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CME Coordinator



2024 Bridging the Gap in Pediatric Mental Health Care Conference Agenda

March 1, 2024 | In-Person | 6 AOA Category 1-A Credits

Morning Sessions	Afternoon Sessions
8:45 AM-9:00 AM Opening Welcome Sara Coffey, DO Christina Brent, LPC-S	12:15 PM-1:15 PM Lunch and Networking
9:00 AM-10:15 AM NEAR Science: Resilience Colony Fugate, DO	1:15 PM-2:15 PM Postpartum Depression through a Trauma Lens: Implications for Treatment & Support Osekpamen Wickliffe, MD
10:15 AM-10:45 AM NEAR Science Training-Panel Moderator: Misty L. Boyd, PhD Panelists: Amanda Miller Sellers, LMSW Alesha Lilly, PhD Jennifer Hays-Grudo, PhD Deborah Shropshire, MD	2:15 PM-3:15 PM Bad to the Bone: Changing Our Perspective on Childhood Behavior Brit'ny Stein, PhD
10:45 AM-11:00 AM Break	3:15 PM-3:30 PM Break
11:00 AM-12:15 PM NEAR Science: Understanding Adverse Childhood Experiences Carly Dunn, MPH Colony Fugate, DO Dolores Vazquez Sanroman, PhD	3:30 PM-4:30 PM Proper Prescribing: Adolescents 1.0 Pediatrics (AOBP) & 1.0 Preventive Medicine (AOBPM) Trevor Anderson, MD
4:30 PM-4:45 PM Closing Sara Coffey, DO	

PROGRAM ATTENDEE NOTICE

For grievances, please contact our staff to report any problems you may have regarding facilities, program content, etc. Concerns about the program's compliance with the AOA Uniform Guidelines, please contact Ashley Groom, M.S., Director of Continuing Medical Education For any unresolved issues regarding compliance with the AOA Uniform Guidelines, you may contact the AOA:

American Osteopathic Association
 Council on Continuing Medical Education
 142 E. Ontario St., Chicago, IL 60611



CONTINUING MEDICAL EDUCATION
 OSU Center for Health Sciences



Topics and Speakers

Opening Welcome (8:45 am - 9:00 am)

Sara Coffey, D.O.

Dr. Coffey is an Associate Clinical Professor and Interim Chair of Psychiatry and Behavioral Sciences at the Oklahoma State University Center for Health Sciences. Dr. Coffey is the Medical Director of OKCAPMAP. Coffey is the behavioral health director for the OSU Health Access network and has served as a consultant to both the Oklahoma Health Care Authority and the Oklahoma Department of Mental Health. Dr. Coffey's interest includes trauma-informed care and integrated psychiatric service delivery.

NEAR Science: Resilience (9:00 am - 10:15 am)

Colony Fugate, D.O.

Colony Fugate is a clinical professor of pediatrics and Project Lead for the Pediatric Obesity Medicine ECHO at Oklahoma State University. She is a board-certified pediatrician and Diplomate of the American Board of Obesity Medicine. Dr. Fugate is a certified NEAR Science presenter for Oklahoma. Dr. Fugate works with multidisciplinary teams to provide obesity prevention and management services and educational curricula.

NEAR Science Training-Panel (10:15 am - 10:45 am)

Misty L. Boyd, Ph.D.

Misty L. Boyd, Ph.D., is a clinical psychologist and serves as the Senior Public Health Psychologist within the Chickasaw Nation Division of Research and Public Health. Since earning her degree from Oklahoma State University in 2003, Dr. Boyd has been privileged to provide direct clinical services as well as support communities through innovative approaches to improving wellness. Her current work focuses on strengthening communities and the child-serving workforce to provide nurturing environments that help children and their families thrive. She is passionate about bridging the best of psychological science, public health practice, and cultural wisdom for the well-being of children and their families. She also treasures her family, likes to laugh, enjoys any time spent in nature and has never met a craft she doesn't like.

Alesha Lilly, Ph.D.

Alesha Lilly, Ph. D. is the Allied/Behavioral Health Training Consultant for the Allied Health Service at Oklahoma State Department of Health where she has provided services for 33 years. Dr. Lilly has provided services and oversight of services to the Child Guidance program Dr. Lilly has diligently worked to address behavioral concerns, enhance protective factors, and lessen the impact of adverse childhood experiences in the lives of children and families. She is one of 27 Community Resilience Trainers trained in the ACE Interface NEAR Science program (Neuroscience, Epigenetics, ACE, and Resilient Communities) in Oklahoma. NEAR supports awareness, promotes understanding, and empowers communities to improve health and well-being. Dr. Lilly completed her Bachelor's degree in Psychology at East Central University, Master's degree in Psychology and Doctorate degree in Clinical Child Psychology at Oklahoma State University.

Jennifer Hays-Grudo, Ph.D.

Jennifer Hays-Grudo, Ph.D., is a Regents Professor of Psychiatry and Behavioral Science at OSU Center for Health Sciences, where she directs the Center for Integrative Research on Childhood Adversity (CIRCA), now in its seventh year of a 10-year, \$20M award from the National Institutes of Health (NIH). She is also one of the principal investigators of the Healthy Brain and Child Development (HBCD), the NIH-funded study that will follow pregnant women and their children for 10 years to investigate the effects of prenatal substance exposure on children's

Topics and Speakers

development. Dr. Hays-Grudo is the founding Editor-in-Chief of the international journal Adversity and Resilience Science, published by Springer/Nature. She is the co-author of Adverse and Protective Childhood Experiences: A Developmental Perspective, published in 2020 by the American Psychological Association, and Raising a Resilient Child in a World of Adversity, published by APA's Life Tools Books in 2023.

Amanda Miller Selles LMSW

With a Master of Social Work from the University of Oklahoma and a Bachelor of Social Work from Northeastern State University, Amanda Miller Sellers brings a robust educational background to her role as a Program Manager and Clinical Consultant for the Oklahoma Child and Adolescent Psychiatry and Mental Health Access Program (OKCAPMAP). In this capacity, she leverages her expertise as a licensed School Counselor and Licensed Master Social Worker in Oklahoma to provide comprehensive support and consultation for child and adolescent mental health services. Her previous experience as the Director of School Climate/School Social Work at the Oklahoma State Department of Education equipped her with invaluable skills in trauma-informed practices, crisis intervention, and policy advocacy. With a proven track record in grant management and community engagement, Amanda continues to drive positive change in mental health accessibility and support across the state.

Deborah Shropshire, M.D.

Deborah Shropshire, M.D., M.H.A. serves as the Director of Oklahoma Human Services and in summer 2023 was also named as the Cabinet Secretary for Human Services. She previously served as the Director of Child Welfare Services, and the Deputy Director of Child Welfare Community Partnerships.

She is a pediatrician who initially worked alongside Child Welfare through assisting with the medical needs of children in a foster shelter, and developed the Fostering Hope clinic for long-term follow up of children in foster care and adoption, as well as advising Child Welfare on policy and training.

NEAR Science: Understanding Adverse Childhood Experiences (11:00 am - 12:15 pm)

Carly Dunn, M.P.H.

Currently in her final year as a Ph.D. student in Human Sciences at Oklahoma State University, Carly M. Dunn, MPH is a multidisciplinary public health professional with 10+ years of experience in research, program evaluation, translational science and community outreach- having worked extensively with tribal communities in Oklahoma. As a Graduate Research Associate at the Center for Family Resilience, Carly

supports school-based prevention projects and helps coordinate and manage the NEAR Science Training Network of Oklahoma through technical assistance and programming. Her current doctoral research is focused on exploring the impacts of parent/caregiver screen use and media addiction on parenting and caregiving behaviors, parent-child relationships, and family environments.

Colony Fugate, D.O.

Colony Fugate is a clinical professor of pediatrics and Project Lead for the Pediatric Obesity Medicine ECHO at Oklahoma State University. She is a board-certified pediatrician and Diplomate of the American Board of Obesity Medicine. Dr. Fugate is a certified NEAR Science presenter for Oklahoma. Dr. Fugate works with multidisciplinary teams to provide obesity prevention and management services and educational curricula.

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Topics and Speakers

Dolores Vazquez Sanroman, Ph.D.

Dr. Sanroman's research, rooted in early life stress and drug abuse, employs a translational approach. As an early career investigator, she secured funding to explore diet, social influences, and environment effects on adolescent opioid-seeking behaviors. With a Ph.D. in Psychology, she developed translational neurobiological models during a postdoc at the University of Kentucky, focusing on the prefrontal cortex and amygdala activation in urgency traits. Currently, her research delves into neuronal plasticity, neurotrophic factors, and the gut-brain axis, specifically the role of BDNF in microbiome opioid-induced dysbiosis

Topics and Speakers

Postpartum Depression through a Trauma Lens: Implications for Treatment & Support

(1:15 pm - 2:15 pm)

Osekpamen Wickliffe, M.D.

Dr. Wickliffe is an adult psychiatrist and fellowship-trained child and adolescent psychiatrist with OSU Behavioral Medicine. In addition to treating a full range of mental health disorders, Dr. Wickliffe is Perinatal Mental Health Certified and has a special interest in caring for women's mental health during and beyond the period of having children. Dr. Wickliffe received her Doctor of Medicine from the University of Debrecen, Hungary, in 2014, completed her Adult Psychiatry Residency in 2021 at the University of Missouri in Columbia, MO, and finished her Child & Adolescent Psychiatry Fellowship at the University of Oklahoma in Tulsa, OK in 2023.

Bad to the Bone: Changing Our Perspective on Childhood Behavior (2:15 pm - 3:15 pm)

Brit'ny Stein, PhD

Dr. Brit'ny Stein is a Clinical Assistant Professor within the Department of Psychiatry and Behavioral Sciences at OSU-CHS. As a Licensed Health Service Psychologist and Nationally Certified School Psychologist, she conducts psychological evaluations for children and adolescents with emotional, behavioral, and neurocognitive disorders in the OSU Behavioral Medicine Clinic. Dr. Stein has experience serving as a consultant on tiered systems support to rural, suburban, and urban schools, as well as to the Oklahoma State Department of Education. She currently serves as the OSU BRIDGE Center's Director of Technical Assistance, helping coordinate and provide MTSS professional development and consultation services to school districts. Dr. Stein also serves on the Oklahoma School Psychological Association Board. Her clinical and research interests include evidence-based school practices to support children with academic and behavioral concerns and effective collaboration between school and community mental health services for children within the MTSS framework.

Proper Prescribing-Adolescents (3:30 pm - 4:30 pm)

Trevor Anderson, M.D.

Dr. Trevor Anderson graduated from the University of Oklahoma College of Medicine. He completed his residency in General Pediatrics and worked in a tertiary pediatric emergency department prior to coming to OSU where he pursued a fellowship in Addiction Medicine. He now works at the National Center for Wellness and Recovery in partnership with Oklahoma State University where he practices full-time addiction medicine

Save the Date

Check out osu.cloud-cme.com for updates for additional conferences being added to the schedule!

2024 VIRTUAL EMERGENCY MEDICINE REVIEW

June 3–27, 2024

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20 AOA Category 1-A credits

2024 VIRTUAL PRIMARY CARE UPDATE

November 4–December 4, 2024

osu.cloud-cme.com | Work at your own pace!
20 AOA Category 1-A credits

Accreditation Information

CONFERENCE OBJECTIVE

This course provides pediatric-serving providers advanced mental health education beneficial to primary care and emergency care settings. At the conclusion of this activity, learners will be able to:

- Critically evaluate methods of clinical practice, integrate evidence-based practice, and implement a trauma-informed approach to improve pediatric patient care.
- Review research and practice tools to effectively treat patients through a trauma-informed approach and understand how trauma is linked to behavioral concerns within pediatric patient care.
- Effectively build rapport with the pediatric patient and/or family member experiencing substance use/misuse while maintaining a professional and psychologically safe space.

AOA

The Oklahoma State University College of Osteopathic Medicine is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.

The Oklahoma State University College of Osteopathic Medicine designates this program for a maximum of 6 AOA Category 1-A credit(s), and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

This program qualifies for AOA Category 1-A credit under an exemption approved by the "Bureau of Osteopathic Education of the American Osteopathic Association."

Osteopathic Specialty Credits

This conference is eligible for Pediatrics (AOBP) and Preventive Medicine (AOBPM) specialty credits.

AAFP

This program will be submitted for determination of credit.

Oklahoma State Board of Licensed Social Workers

The Oklahoma State University Center for Health Sciences Office of Continuing Medical Education (20241999) is a board approved CE provider and designates this program for a maximum of 6 CE credit(s).

Oklahoma State Board of Behavioral Health (LPC and LMFT)

The Oklahoma State University Center for Health Sciences Office of Continuing Medical Education is a board approved CE provider and designates this program for a maximum of 6 CE credit(s).

Oklahoma State Board of Examiners of Psychologists

Oklahoma State University is a board approved CE provider and designates this program for a maximum of 6 CE credit(s).

Oklahoma State Board of Pharmacy

This program will be submitted for determination of credit.

OSU DISCLOSURES

Oklahoma State University Center for Health Sciences, College of Osteopathic Medicine in compliance with Title VI and VII of the Civil Rights Act of 1964, Executive Order 11246 as amended, Title IX of the Education Amendments of 1972, Americans with Disabilities Act of 1990, and other federal laws and regulations, does not discriminate on the basis of race, color, national origin, gender, qualified disability, religion, sexual orientation, gender identity, veteran's status, genetic information, or age in any of its policies, practices, or procedures. This includes but is not limited to admissions, employment, financial aid and educational services.