

SYMPOSIUM ON TRIBAL AND RURAL INNOVATION IN DISPARITIES AND EQUITY FOR HEALTH (STRIDE)

September 15, 2023

OSU College of Osteopathic Medicine at the Cherokee Nation

CME CREDIT ATTESTATION

How do participants receive CME credits?

1. This course will be held in person at the OSU-COM at the Cherokee Nation on September 15, 2023 from 8:00 a.m. - 5:00 p.m.
2. Upon arrival, you will sign in on the paper sign-in sheets provided at the registration tables.
3. Complete optional evaluation under My CME and then Evaluations and Certificates.
4. Credits will be available on your transcript.

To earn your Proper Prescribing credit:

1. Sign-in sheets will be passed around during the session.

NOTE: Oklahoma physicians must self-report their CME hours and Proper Prescribing attendance online to the Oklahoma State Board of Osteopathic Examiners: <https://www.ok.gov/osboe/>

RELEVANT DISCLOSURES

No content controllers have any relevant financial relationships to disclose.

PRESENTATION POWER POINT ACCESSIBILITY

The PowerPoint presentations can be viewed by logging into your OSU CME account, hovering over or clicking on the My CME button, selecting Syllabus, then selecting the event. You will see a copy of the agenda with "PDF" displayed next to the speaker's name if that speaker has a corresponding PowerPoint for their presentation.

PLANNING COMMITTEE

Natasha Bray, D.O.
STRIDE Program Chair

Lora Cotton D.O.
STRIDE AAFP Sponsor

Ashlei Ashmore, B.S. STRIDE
Committee Member

Dustin Beck, D.O.
STRIDE Committee Member

Ashton Clayborn, D.O.
STRIDE Committee Member

Micah Hartwell, Ph. D.
STRIDE Committee Member

Douglas Nolan, D.O.
STRIDE Committee Member

Denna Wheeler, Ph. D.
STRIDE Committee Member

Ashley Groom M.S. Continuing
Medical Education Director

Michelle Yoder
Continuing Medical Education
Coordinator



COLLEGE OF
OSTEOPATHIC MEDICINE
at the Cherokee Nation

2023 Symposium on Tribal and Rural Innovation in Disparities and Equity for Health (STRIDE)

September 15, 2023 | 6 AOA Category 1A Credits

8:00 a.m.-10:00 a.m.	Registration and Breakfast Begins
8:30 a.m.-10:00 a.m.	Poster Competition (No CME credit) OSU-CN OMM Lab - 1060
10:00 a.m.-11:00 a.m.	The Opioid Epidemic Proper Prescribing Oklahoma 2023 Natasha Bray, D.O. OSU-CN Lecture Hall 1 - 1009 1.0 Internal Medicine (AOBIM); 1.0 Preventative Medicine (AOBPM)
11:00 a.m.-12:00 p.m.	STRIDE: Bringing Babies into the Mental Health Conversation Tessa Chesher, D.O. OSU-CN Lecture Hall 1 - 1009 1.0 Neurology & Psychiatry (AOBNP)
12:00 p.m.-12:30 p.m.	Lunch OSU-CN Lecture Hall 1 - 1009
12:30 p.m.-1:30 p.m.	Reducing Cancer Deaths in Native American Communities-Prevention and Early Detection Mark Doescher, M.D. OSU-CN Lecture Hall 1 - 1009 1.0 Family Practice (AOBFP); 1.0 Preventative Medicine (AOBPM)
1:30 p.m.-2:30 p.m.	Building Bridges, Breaking Barriers: How Rural Healthcare Disparities Affect Children Shawna Duncan, D.O. & Sara Reed, M.D. OSU-CN Lecture Hall 1 - 1009 1.0 Pediatrics (AOBP)
2:30 p.m.-2:45 p.m.	Break OSU-CN Learning Lab - 1011
2:45 p.m.-3:00 p.m.	Announcement of Poster Competition Winners (No CME credit) OSU-CN OMM Lab - 1060
3:00 p.m.-4:00 p.m.	Dermatology for the Internist: Differentiating Emergencies from Routine Rashes Kelli Lovelace, M.D. OSU-CN Lecture Hall 1 - 1009 1.0 Dermatology (AOBD)
4:00 p.m.-5:00 p.m.	A Diabetic Diet in a Dollar Store World Larissa Hancock, R.D.; Douglas Nolan, D.O.; & Tara Ritter, D.N.P. OSU-CN Lecture Hall 1 - 1009 1.0 Family Practice (AOBFP)

TOPICS & SPEAKERS

THE OPIOID EPIDEMIC PROPER PRESCRIBING OKLAHOMA 2023

Natasha Bray D.O.

Dr. Bray is the Campus Dean of the OSU College of Osteopathic Medicine at the Cherokee Nation in Tahlequah. She previously served as Associate Dean for Academic Affairs at OSU COM at the Cherokee Nation since 2018. Bray also serves as Associate Dean for Accreditation for OSU Center for Health Sciences. Board certified in Internal Medicine and Addiction Medicine, Bray earned her Doctor of Osteopathic Medicine degree from OSU-COM and went on to the Philadelphia College of Osteopathic Medicine and completed her internship as the Chief Intern Physician, then completed her residency at Cambridge Health Alliance/Harvard Affiliated Hospital. Bray has extensive experience in the development, accreditation, and delivery of educational programs for both undergraduate and graduate medical education. Bray serves on several national committees and has dedicated her career to medical education as a vehicle to serve vulnerable populations and improve access to quality health care.

STRIDE: BRINGING BABIES INTO THE MENTAL HEALTH CONVERSATION

Tessa Chesher, D.O.

Dr. Tessa Chesher is a clinical professor at Oklahoma State University Center for Health Sciences in the Department of Psychiatry and Behavioral Sciences. She is dually board-certified in general psychiatry as well as child and adolescent psychiatry. She received her general psychiatry training at the University of Oklahoma School of Community Medicine and her child and adolescent psychiatry training at Tulane University School of Medicine where she also completed a Harris Fellowship in Infant and Early Childhood Psychiatry. Dr. Chesher's professional interests include infant and early childhood mental health, early childhood trauma, and pediatric consultation-liaison psychiatry. Dr. Chesher collaborates with the Oklahoma Department of Mental Health, the Oklahoma State Department of Health, and community mental health agencies to provide infant mental health consultation and education across the state of Oklahoma.

REDUCING CANCER DEATHS IN NATIVE AMERICAN COMMUNITIES-PREVENTION AND EARLY DETECTION

Mark Doescher, M.D.

Mark Doescher, MD, MSPH is a Professor of Family and Preventive Medicine in the College of Medicine at the University Oklahoma Health Sciences Center (OUHSC). He serves as the Associate Director (AD) of Community Outreach and Engagement (COE) at the Stephenson Cancer Center (SCC) and Senior AD of the Community Engagement Core of Oklahoma Shared Clinical and Translational Research. Before moving to Oklahoma, he served as the Director and PI of the University of Washington - WWAMI Rural Health Research Center. Dr. Doescher's longstanding commitment to improving health equity in rural and tribal communities has led to studies funded by the NIH, CDC, AHRQ, HRSA, private foundations and state government that have resulted in dozens of refereed publications, health policy reports, and policy changes at the local health care system, state and federal levels. Dr. Doescher's current research centers on partnerships with federally recognized tribes and their healthcare systems to increase receipt of evidence-based cancer screenings. In addition to conducting research and overseeing the SCC COE program, Dr. Doescher is a clinically active family physician with over two decades experience seeing patients in public-sector settings. He attended medical school at the University of California - San Francisco. He completed residency training in family medicine at the University of Rochester, Highland Hospital program and residency training in general preventive medicine and public health at the University of Colorado - Denver.

Building Bridges, Breaking Barriers: How Rural Healthcare Disparities Affect Children

Shawna Duncan, D.O.

Dr. Shawna R. Duncan, DO, FACOP is an experienced pediatrician and professor of Pediatrics at the Oklahoma State University College of Osteopathic Medicine at the Cherokee Nation.

TOPICS & SPEAKERS

Dr. Duncan has made significant contributions to medical education and patient care throughout her career. Dr. Duncan completed her Doctor of Osteopathy degree at the Oklahoma State University College of Osteopathic Medicine in 1998, following her Bachelor of Science degree from Northeastern State University in 1993 and an Associates of Science degree from Carl Albert State College in 1990. In her professional experience, Dr. Duncan has excelled in various pediatric roles. Currently, she serves as a Professor of Pediatrics in the Department of Medical Education at OSU COM at Cherokee Nation. She has practice experience in rural communities, tribal health, academic pediatrics, and as a pediatric hospitalist. Throughout her career, Dr. Duncan has been actively involved in teaching and mentoring medical students and residents. She has been a Pediatric residency program director for 16 years and serves as the residency track director for the OMECO Pediatrics Rural and Tribal track residency program. Dr. Duncan's dedication to the field of pediatrics extends beyond her clinical and teaching roles. She actively participates in numerous professional activities and committees, demonstrating her commitment to advancing medical education and improving patient care. She is a member of the American Osteopathic Board of Pediatrics and has served on various committees, including the ACGME RRC Pediatric Requirement Writing Group and on several NBOME Committees.

Sara Reed, M.D.

Dr. Reed was born in Arkansas, but raised in Oklahoma. She received her medical degree at the University of Iowa Carver College of Medicine and earned her PhD in Pharmacology as part of the Medical Scientist Training Program at the University of Iowa. Dr. Reed completed residency at OU Children's Hospital in Oklahoma City. She worked as a pediatric and newborn hospitalist in Arkansas prior to moving back to Oklahoma to work for Cherokee Nation Health System. She is now a practicing pediatric and newborn hospitalist and the Pediatric Inpatient Medical Director for Cherokee Nation. Dr. Reed and her husband now live in Broken Arrow and have 3 wonderful kids. In her free time, she enjoys CrossFit, cooking, spending time with her family and friends, and hiking.

DERMATOLOGY FOR THE INTERNIST: DIFFERENTIATING EMERGENCIES FROM ROUTINE RASHES

Kelli Lovelace, M.D.

Dr. Kelli Lovelace graduated from Oklahoma University College of Medicine in 2003. She completed her residency in Dermatology at the University of Oklahoma, Department of Dermatology where she served as chief resident. She is Board Certified in Dermatology. She has practiced her entire career at Tulsa Dermatology clinic in both their Tulsa and Claremore offices. Dr. Lovelace is a member of multiple associations and has served as the Treasurer and a Trustee for Oklahoma State Dermatology and Dermatologic Surgery Society. Dr. Lovelace participates in lectures for medical students and residents at Oklahoma State University, as well as, works with students and residents in her private practice. Her husband Brian is an orthopedic surgeon in practice at Tulsa Bone and Joint and they have a 17-year-old son and 15-year-old daughter.

A DIABETIC DIET IN A DOLLAR STORE WORLD

Larissa Hancock, R.D.

Mrs. Hancock, a Registered Dietitian Nutritionist & Licensed Dietitian, is the Diabetes Program Dietitian with the Cherokee Nation Diabetes Program at CNOHC in Tahlequah. Mrs. Hancock studied undergraduate at Northeastern State University in Tahlequah with a Bachelor's Degree in Human & Family Science and completed her Dietetic Internship through Iowa State University. Mrs. Hancock has been employed as an RD with Cherokee Nation for the past 10.5 years practicing the majority of her career in Diabetes Education. Mrs. Hancock resides in Tahlequah with her husband Curt and their three children. Outside of work, Mrs. Hancock enjoys traveling, all things on the water, cooking and eating all the food, sports and physical activities.

Douglas Nolan, D.O.

Dr. Nolan is a 2000 graduate of the Oklahoma State University College of Osteopathic Medicine. He received the OSU-COM Physiology Award in 2000.

TOPICS & SPEAKERS

Dr. Nolan completed a Family Practice Residency at Oklahoma State University in 2003. He is a member of the Sigma Sigma Phi Medical Honor Society and was selected as intern of the year in 2001 and the Family Practice Resident of the year in 2003. Dr. Nolan served as the Cherokee Nation WW Hastings Hospital Medical Director from 2009 to 2016; where he previously served as Chief of Staff. Dr. Nolan became the Cherokee Nation Health Services Diabetes Program Medical Director in 2016 and served in that role until October 2021, when he joined OSUCOM-CN as the Associate Dean of Tribal Health Affairs. He received the IHS National Director's Award in 2009 and the Thompson Award for the Advancement of Healthcare in 2018.

Dr. Nolan served in the United State Marine Corps from 1983-1987 where he received the Navy Achievement Medal and the Good Conduct Medal. He received a BS in Mathematics Education from Northeastern State University in 1991. Dr. Nolan has been married for 34 years and has four children and two grandchildren.

Tara Ritter, D.N.P.

CAPT Ritter completed her Doctor of Nursing Practice (DNP) degree at Regis University in Denver, Colorado in August 2013. She received her Master's of Science in Nursing degree from Loyola University New Orleans in August 2011, her Bachelor's of Science in Nursing degree from Oklahoma Wesleyan University in August 2006, and her Associates of Applied Science in Nursing degree from Bacone College December 1999. CAPT Ritter has spent her entire RN career that began in February 2000, serving in various positions within Cherokee Nation Health Services.

CAPT Ritter is currently the Director of the Cherokee Nation Diabetes program, and has proudly served as a Nurse Consultant to the Cherokee Nation Health Services Comprehensive Primary Care Initiative since the program began. She is also a Certified Diabetes Care and Education Specialist (CDCES), and currently serving as a member of the Cherokee Nation Institutional Review Board (IRB), and an adjunct nursing instructor at Northeastern State University.

CAPT Tara Ritter is a proud member of the Cherokee Nation. She lives in Stillwell, Oklahoma with her husband of 27 years, Brian, and their three beautiful children, Cole, Gabe and Lily. She grew up in Westville, Oklahoma.

SAVE THE DATE

2023 VIRTUAL PRIMARY CARE UPDATE

November 1-30, 2023

osu.cloud-cme.com | Work at your own pace!

20 AOA Category 1-A credits

20 AAFP Prescribed credits anticipated

Check in periodically with osu.cloud-cme.com and/or watch for emails on updates for additional conferences being added to the schedule!

ONLINE CME

Get immediate access to 1-B and AAFP elective credits.

Courses accessible 24 hours a day.

AOA Category 1-B accredited and AAFP elective credit CME credit can be earned in the comfort of your own home or office by viewing/listening to online programs. The online CME program is a convenient way of meeting CME requirements.

Over a hundred of hours available and a variety of specialties covered!

How the program works:

1. Log in to osu.cloud-cme.com
2. Browse 1-B Enduring Credits
3. Purchase online courses and gain immediate access to the course.

ACCREDITATION INFORMATION

CONFERENCE OBJECTIVE

The conference goals are to examine the long-standing health care disparities and inequities that continue to face individuals who live in rural and/or indigenous communities.

At the conclusion of this activity, learners will be able to:

1. Understand health care disparities facing Indigenous and Rural Communities.
2. Understand the Social Determinants of Health and their role in advancing health equity.
3. Provide culturally informed patient-centered care.

AOA

The Oklahoma State University College of Osteopathic Medicine is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. The Oklahoma State University College of Osteopathic Medicine designates this program for a maximum of 6 AOA Category 1-A credit(s), and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

Osteopathic Specialty Credits

This conference is eligible for 1 Dermatology (AOBD), 3 Family Practice (AOBFP), 1 Internal Medicine (AOBIM), 1 Neurology & Psychiatry (AOBPM), 1 Pediatric (AOBP), and 2 (AOBNP) Preventive Medicine specialty credits.

Proper Prescribing Credit

This program meets the requirements for approval of (1) hour of CME credit by the Oklahoma State Board of Osteopathic Examiners.

AAFP Prescribed Credit

The AAFP has reviewed 2023 Symposium on Tribal and Rural Innovation in Disparities and Equity for Health (STRIDE) conference and deemed it acceptable for up to 6.00 Live AAFP Prescribed credits. Term of Approval is from 09/15/2023 to 09/15/2023. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AMA/AAFP Equivalency - Providers may choose to include the following in addition to the AAFP credit statement: AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s)[™] toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

Oklahoma State Board of Pharmacy

This program has been evaluated and approved by the Oklahoma Board of Pharmacy for a maximum of 6 hours of CE credit.

MATE Act - DEA

The lecture, OSBOE Oklahoma Proper Prescribing meets the new Medication Access and Training Expansion (MATE) Act requirements from the Drug Enforcement Administration (DEA) for training on substance use disorders. Providers planning to receive or renew their DEA registration can earn 1 hour towards their 8 hour MATE requirement by participating.

ACCREDITATION INFORMATION

OSU DISCLOSURES

Oklahoma State University Center for Health Sciences, College of Osteopathic Medicine in compliance with Title VI and VII of the Civil Rights Act of 1964, Executive Order 11246 as amended, Title IX of the Education Amendments of 1972, Americans with Disabilities Act of 1990, and other federal laws and regulations, does not discriminate on the basis of race, color, national origin, gender, qualified disability, religion, sexual orientation, gender identity, veteran's status, genetic information, or age in any of its policies, practices, or procedures. This includes but is not limited to admissions, employment, financial aid and educational services.

PROGRAM ATTENDEE NOTICE

For grievances, please contact our staff to report any problems you may have regarding facilities, program content, etc. Concerns about the program's compliance with the AOA Uniform Guidelines, please contact Ashley Groom, M.S., Director of Continuing Medical Education For any unresolved issues regarding compliance with the AOA Uniform Guidelines, you may contact the AOA:

**American Osteopathic Association:
Council on Continuing Medical Education
142 E. Ontario St., Chicago, IL 60611
(800) 621-1773**

