



# CONTINUING MEDICAL EDUCATION

OSU Center for Health Sciences

## Policy for Osteopathic Distinct CME | 50% DO Speaker Requirement | Regular Scheduled Series Activities

The *Oklahoma State University College of Osteopathic Medicine, Office of Continuing Medical Education (OSU-CME)* reserves the right to determine eligibility of continuing medical education credits based on the *American Osteopathic Association (AOA) CME Sponsors Guidelines*.

In response to the AOA's new guidelines on Osteopathic Distinct CME the following policy will be implemented starting October 1, 2022.

### Definition of Osteopathically Distinct CME

- Osteopathically distinct CME is evidence or practice-based medical education which includes the body of knowledge and skills essential to the osteopathic profession and patient care and integrates osteopathic tenets and philosophy.

### Faculty Requirement for Osteopathically Distinct CME

- At least 50% of the total educational credits must be presented by osteopathic physicians. The remaining professionals may include subject matter experts approved by an educational planning committee.
  - Note: As with the current policy, all osteopathic specialties except for Family Medicine can apply for an exemption if they are having difficulty obtaining enough osteopathic physicians who are subject matter experts.

### Curriculum Requirement for Osteopathically Distinct CME

- CME activities must address one or more of the AOA seven core competencies (current requirement as of January 2022) or one of the five osteopathic models with attention to the tenets.
  - **Osteopathic Philosophy/Osteopathic Manipulative Medicine** – Demonstrate and apply knowledge of accepted standards in osteopathic manipulative treatment appropriate to the specialty. Remain dedicated to life-long learning and to practice habits in osteopathic philosophy and OMM.
  - **Medical Knowledge** – Demonstrate and apply knowledge of accepted standards of clinical medicine in the respective area; remain current with new developments in medicine and participate in life-long learning activities.
  - **Patient Care** – Demonstrate the ability to effectively treat patients and provide medical care that incorporates the osteopathic philosophy, patient empathy, awareness of behavioral issues, the incorporation of preventive medicine and health promotion.
  - **Interpersonal and Communication Skills** – Demonstrate interpersonal and communication skills that enable a physician to establish and maintain professional relationships with patients, families, and other members of health care teams.
  - **Professionalism** – Uphold the Osteopathic Oath in the conduct of one's professional activities that promotes advocacy of patient welfare, adherence to ethical principles, and collaboration with health professionals, life-long learning, and sensitivity to a diverse patient population; be cognizant of physical and mental health in order to effectively care for patients.
  - **Practice-Based Learning and Improvement** – Demonstrate the ability to critically evaluate methods of clinical practice; integrate evidence-based medicine into patient care; show an understanding of research methods; improve patient care practices.
  - **Systems-Based Practice** – Demonstrate an understanding of health care delivery systems; provide effective and qualitative patient care with the system; and practice cost effective medicine.

\*The term **faculty** is utilized by the American Osteopathic Association to describe the professionals responsible for teaching, authoring, or otherwise communicating the activity content.

## Monthly Review

### CME Regular Scheduled Activity Requirement for CME Approval

- Each month's full confirmed schedule must be submitted by following this link, <https://www.surveymonkey.com/r/RSS-CME> by the 1<sup>st</sup> day of the preceding month seeking approval.
  - January 1 – January 31 | Deadline to provide CME schedule December 1
  - February 1 – February 28 | Deadline to provide CME schedule January 1
  - March 1 – March 31 | Deadline to provide CME schedule February 1
  - April 1 – April 30 | Deadline to provide CME schedule March 1
  - May 1 – May 31 | Deadline to provide CME schedule April 1
  - June 1 – June 30 | Deadline to provide CME schedule May 1
  - July 1 – July 31 | Deadline to provide CME schedule June 1
  - August 1 – August 31 | Deadline to provide CME schedule July 1
  - September 1 – September 30 | Deadline to provide CME schedule August 1
  - October 1 – October 31 | Deadline to provide CME schedule September 1
  - November 1 – November 30 | Deadline to provide CME schedule October 1
  - December 1 – December 31 | Deadline to provide CME schedule November 1
- The CME Coordinator will add the faculty members and assign their required documents to CloudCME's RSS Dashboard within 5 business days of receiving the submission.
  - Grand Rounds and Project ECHO RSS Coordinators should not add, delete, or edit the faculty column in the RSS Dashboard.
- Upon OSU-CME's review of each month's schedule, within five business days of receiving the submission, it will be determined if an exemption is required to be filed with the *American Osteopathic Association (AOA)*.
  - If an exemption is required to be filed with the AOA, it is the responsibility of the RSS department to pay the exemption fees set forth by the AOA. The current exemption fees are \$25.00 per RSS monthly submission.
- Faculty documentation must be completed in CloudCME or sent to the CME Coordinator by the RSS Coordinator at least 5 business days prior to the first day of the month seeking approval (see schedule below).

### Faculty Documentation

- Faculty's Disclosure (\*approved for 365 days if there are no changes to the status)
- Faculty's CV
- Faculty's Bio-sketch
- Faculty's PowerPoint Presentation (\*If the faculty has a disclosure)

### Documentation Schedule

- November 1 – November 30, 2022
  - Deadline to provide documents October 25, 2022
- December 1 – December 31, 2022
  - Deadline to provide documents November 22, 2022
- January 1 – January 31, 2023
  - Deadline to provide documents December 22, 2022
- February 1 – February 28, 2023
  - Deadline to provide documents January 25, 2023
- March 1 – March 31, 2023
  - Deadline to provide documents February 22, 2023
- April 1 – April 30, 2023
  - Deadline to provide documents March 27, 2023
- May 1 – May 31, 2023
  - Deadline to provide documents April 24, 2023

- June 1 – June 30, 2023
  - Deadline to provide documents May 24, 2023
- July 1 – July 31, 2023
  - Deadline to provide documents June 26, 2023
- August 1 – August 31, 2023
  - Deadline to provide documents July 25, 2023
- September 1 – September 30, 2023
  - Deadline to provide documents August 25, 2023
- October 1 – October 31, 2023
  - Deadline to provide documents September 25, 2023
- November 1 – November 30, 2023
  - Deadline to provide documents October 25, 2023
- December 1 – December 31, 2023
  - Deadline to provide documents November 22, 2023
- Sessions requiring peer-review will be reviewed and mitigated/deemed non-mitigatable by the Director of Continuing Medical Education prior to the first day of the month seeking approval.

Examples of Faculty Requirement in RSS Activities

- Each month's regular scheduled series (RSS) must meet the 50% DO faculty requirement set forth by the American Osteopathic Association (AOA).
  - Weekly RSS on a monthly timeframe (4-5 sessions):
    - January, February, April, May, July, August, October, November would need a DO faculty presenter for at least 2 of the 4 sessions.
    - March, June, September, and December would need a DO faculty presenter for at least 3 of the 5 sessions.
  - Twice per month RSS on a monthly timeframe would need a DO faculty presenter for at least 1 of the 2 sessions.
  - Three per month RSS on a monthly timeframe would need a DO faculty presenter for at least 2 of the 3 sessions.
  - Once per month RSS on a quarterly timeframe would need a DO faculty presenter for all sessions.

*Ashley Groom, M.S.*

Director of Continuing Medical Education  
Oklahoma State University - Center for Health Sciences